



a few of my favorite things

NAME: Sharon Lakin

BIRTHDAY: November 7th

food & drinks

BREAKFAST: Fruit & Strawberry Yogurt

LUNCH: Grilled chicken, salad no dressing

SNACK: Dark chocolate, chocolate chip cookies

CANDY: Dark chocolate M&M's

TEA/COFFEE: Hot Chocolate

FAST FOOD: Chick-fil-A (I don't really eat fast food)

DRINK: Cherry Spark/ water/ coke

hobbies & more



SCENT: Warm or fruity

WAYS TO RELAX: Workout and read

GIFT CARD: Amazon or Ice Cream

ANIMAL: Cat

STORE: Target or Amazon

COLOR: Green

ACTIVITY: Workout and read

FLOWER: Wild Flowers

entertainment

MOVIE: Romance/ comedy depending on mood

SONG: Soft Rock/ 99.1 music

BOOK/AUTHOR: J.D. Robb/ Nora Roberts

TV SHOW: NCIS/ Star Trek

SPORT: Baseball

other things

ALLERGIC TO: n/a

MONOGRAM: SEL

LOVE: My family, working out, chocolate, and reading

DISLIKE: Peanut butter/nuts

this or that?

BREAKFAST/DINNER

SUMMER/WINTER

BAGELS/DONUTS

COFFEE/TEA

MOVIES/BOOKS

OUTDOOR/INDOOR